

How does Telehealth work?

BodyLogic Pelvic Health Clinic provides Telehealth appointments for our existing and new patients. Telehealth may be necessary during local or state “lockdown” periods during the COVID-19 crisis. This option may also be more convenient for people who live in rural or remote situations or find travelling to the clinic is difficult for any reason. Our approach to patient management remains the same, clinical excellence in assessment and treatment of pelvic health conditions, however our methods to achieve this will change.

As a practice we are skilled at assessing and treating patients via Telehealth. During the last 2 years we have provided successful care for people via Telehealth. The latest research shows that assessment and treatment is able to be as effective via Telehealth compared to face to face treatment. This method will also allow us to reach more people and enables everyone to access specialised pelvic health physiotherapy.

How does Telehealth work?

From the comfort of your home, one of our physios will complete a thorough interview, provide detailed education and demonstrate and provide a home based treatment/exercise program. We may ask you to complete some self examination task such as completing a bladder diary or monitoring your symptoms during different activities. We are able to follow up these consults with providing education and exercise videos, education handouts and a session summary via email.

Pelvic pain, pain with sexual intercourse, urinary or faecal incontinence or pelvic organ prolapse? WE can help you. Pregnant or just had a baby? These are all conditions that the experienced team of Pelvic Health Physiotherapists at BodyLogic Pelvic Health Clinic can help with via Telehealth.

Is it easy to set up?

You just need access to a computer, tablet or phone and you may need to download the free Zoom app, our friendly reception team can help you with this.

How much will it cost?



As a clinic, we recognise that while telehealth can be as effective as hands on treatment, this may not be the treatment you have received in the past. Health funds and Medicare Plans cover telehealth consults, and initial consults (1 hour) and follow up consults (30 minutes) are similar to our inperson appointments but you can request a short follow up (15 Minutes) if you would like.

See you on the screen shortly!

pelvichealthclinic.physio

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